

DIVINE MERCY PASTORATE
FALL MISSION 2026

Everyday Encouragement

for Today's Catholic Mom

Monday, November 9, 2026

St. Mary Parish Hall · 9:00 – 11:00 AM

A take-home companion for your journey

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> ***Thank you, women who are mothers!*** *You have sheltered human beings within yourselves in a unique experience of joy and travail.*

POPE ST. JOHN PAUL II
Letter to Women (1995)

RAISING CHILDREN IN THE FAITH

Six Simple Ways to Pass On the Faith

1. **Let them see you pray**
   Faith is more caught than taught. When your kids see you read Scripture or pray a Rosary, they learn it matters.

2. **Bless them every night**
   Trace a little cross on their forehead at bedtime and say, “God bless you.” Even teenagers secretly love it.

3. **Pray in the car**
   Say one Hail Mary at every school drop-off, or pray for each player before the game.

4. **Anchor the week in Mass**
   Make Sunday Mass the center of your week, and make it special. Donuts after Mass count!

5. **Make the saints family friends**
   Celebrate name days and feast days like little birthdays.

6. **Say “I’m sorry” and “I forgive you”**
   When we apologize to our kids, we show them what God’s mercy looks like, and prepare them for Reconciliation.

MAKING YOUR HOME A LITTLE CHURCH

The Domestic Church

> *“The family is, so to speak, the domestic church. In it parents should, by their word and example, be the first preachers of the faith to their children.”*
>
> **LUMEN GENTIUM 11**

1. **A little prayer corner**
   A candle, a crucifix, a Bible and a picture of Mary.

2. **Holy water by the door**
   Bless each other on the way out.

3. **Grace and gratitude at meals**
   Pray before meals, then let everyone name one good thing from the day.

4. **Live the Church’s seasons**
   An Advent wreath, a Lenten prayer jar. Crafts are optional!

5. **Serve together**
   Bring a meal to a neighbor or help at a parish food drive. Faith becomes real when kids see it in action.

TURNING THE DAY INTO A PRAYER

Meeting Jesus Amid the Everyday

1. **Diapers & late-night feedings**
   Pray a Hail Mary for the little one in your arms, or for the moms awake with you around the world.

2. **Dishes & laundry**
   Offer the work for your family. As you fold each little shirt, pray for the person who will wear it.

3. **Sports practices & sidelines**
   Pray for every child on the field, even the ones on the other team!

4. **Carpools & car rides**
   Ask your guardian angels' protection as you buckle up, and let the car be a place for real conversations.

5. **Bedtime**
   Try a simple family examen: "Where did you see God today?" and "Is there anything you want to say sorry for?"

None of these adds time to your day. They invite Jesus into the time you already have.

WORK, HOME AND EVERYTHING IN BETWEEN

Seasons, Not Perfect Balance

> *“There is an appointed time for everything, and a time for every affair under the heavens.”*
>
> **ECCLESIASTES 3:1**

1. **Think in seasons**
   A new baby, a busy work quarter, a parent who needs care: some seasons are full. That’s not failure; it’s life.
2. **Put first things first**
   God, then your family, then work and everything else.
3. **Say no so you can say yes**
   Every “no” protects a better “yes.”
4. **Protect the Sabbath**
   Make Sunday a day for Mass, rest and family.
5. **Be where you are**
   Phone down at dinner; work done at work when you can.
6. **Let go of mom guilt**
   Working or at home, your vocation is holy.

REFLECTIONS

My Notes

The one thing I will try this week:

“Come to me, all you who labor and are burdened, and I will give you rest.”

MATTHEW 11:28



Stay connected with Lisa

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More encouragement for moms: CatholicMom.com